

Mediterranean Gourmet Lunch Menu

A taste of the Mediterranean in the middle of the Pacific.

Appetizers

Mixed Olives

Kalamata Olives, Greek Kalamata Olives, and French Pitted Nicoise Olives. \$7.95

Spanikopita

Layers of phyllo pastry baked with spinach, onions, and fresh feta cheese. \$9.95

Hummus & Pita Bread

Garbanzo bean and sesame dip drizzled with olive oil and served with pita bread.

Or try one of our specialty blends. \$8.95

Pesto Hummus & Pita Bread

Sundried Tomato Hummus & Pita Bread

Add carrots & celery \$4.00

Babaganush & Pita Bread

Roasted eggplant and sesame dip drizzled with olive oil and served with pita bread. \$8.95

Sub carrots & celery, no pita \$4.00

Chicken Quesadilla

Served with salsa and sour cream. \$10.95

Add guacamole \$1.00

Beet Bruschetta

Grilled baguette topped with red & yellow beets, local organic basil & goat cheese.

Drizzled with aged balsamic vinegar & extra virgin olive oil. \$8.95

Hand Rolled Spinach Fatayers

Mediterranean spices mixed with spinach and onions & wrapped with a delicate pastry shell. Lightly fried to a golden crisp. Served with a side of hummus. \$9.95

Grilled Kafta

Mediterranean spiced meat mixed with parsley and onions. Grilled to a crisp on top of pita bread. Served with a side of hummus for dipping. \$12.95

Feta Cheese Saffron Rice Cakes

Panko crusted fried saffron rice cakes stuffed with feta cheese and served with Cajun aioli. \$7.95

Salads

Tabouleh Salad w/ Hummus

Finely minced parsley, tomatoes, and wheat bulgur tossed with a light lemon dressing.

Served with a side of hummus. \$12.95

Greek Salad

Mixed organic greens topped with feta cheese, kalamata olives, red onion, tomatoes and peperoncinis.

Tossed in light vinaigrette. \$11.95

Rainbow Beets

Red and golden beets served with chevre goat cheese on a bed of Kailani Farms organic mixed greens. \$9.95

Summer Bliss Salad

Kailani Farms Organic mixed greens topped with seasonal fruit, red onions, feta cheese, and walnuts. Dressed with a light vinaigrette.

\$13.95

Add these to a salad of your choice:

Gyro Meat to any salad \$6.95

Fresh fish to any salad \$7.95

Chicken to any salad \$4.95

Parties of 5 or more may be charged an 18% gratuity.

Even splits or partial payments are welcome. Separate checks are not permitted as they slow service for all.

Mahalo!

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Wraps & Sandwiches

Substitute Greek Salad for Fries-any sandwich \$ 3.00

Gyro Wrap

Spiced beef and lamb roasted and shaved into thin slices. Wrapped in pita bread with a refreshing Lebanese style tzatziki sauce. Served with fries. \$13.95

Garlic Chicken Wrap

Mediterranean spiced chicken wrapped in pita bread with tomatoes and lettuce. Topped with our Lebanese style tzatziki sauce. Served with fries. \$12.95

Mediterranean Steak Sandwich

Corn Fed Rib-eye Steak with sautéed onions and jalapeños, feta cheese & a hummus spread on a French Roll. Served with fries. \$15.95

Falafel Wrap (vegetarian)

Patties made with garbanzo beans, fava beans, garlic and our special blend of spices. Fried to a golden crisp and crumbled in pita bread. Topped with a delicious sesame tahini sauce. Served with fries. \$11.95

Fresh Tides Sandwich

Grilled fish of the day, served with tartar sauce, lettuce, tomatoes, & onions. Choice of bun or pita bread. Served with fries. \$14.95

Hamburger

Served with fresh lettuce, tomato, onions, mayonnaise and fries on the side.

Choice of Bun or Pita Bread. \$10.95

Add Cheese (Cheddar or Swiss)\$1.00

Add sautéed onions & jalapeno \$1.50

Lamb Burger

Ground lamb meat, stuffed with feta cheese, grilled to order and served with tzatziki sauce.

Choice of bun or pita bread. Served with fries. \$12.95

Caprese Sandwich

Fresh Mozzarella, sliced tomatoes and basil toasted on a French roll and served with French fries . \$12.95

Vegetarian Panini

Sautéed onions, bell peppers, and mushrooms with a basil pesto spread grilled with goat cheese on pita bread and served with an organic green salad. \$13.95

Lunch Entrées

Fish Lettuce Wraps

Make your own lettuce wraps. Grilled fresh island fish, hummus, babaganush, tahini sauce, tabouleh and romaine lettuce leaves. Low Carb. \$14.95

Veggie Plate Lunch

Falafel, tahini sauce, hummus, spinach fatayers, spanikopita, feta cheese and brown rice. \$18.95

Grilled Fresh Fish

Fresh island fish of the day served with saffron rice and sautéed seasonal vegetables. Ask you served about your choices for its preparation. \$19.95

All Dishes are Prepared with Kona Sea Salt